



TRAVELING WITH YOUR CPAP/BIPAP

Flying

- When flying, your CPAP/BiPAP is considered as carry-on only and is considered a FREE carry-on because it is a medical device. You do not need a letter from your provider. All airports are familiar with CPAP/BiPAPs so you shouldn't expect any issues.
- DO NOT carry water in your CPAP/BiPAP onto the plane. If your travel plans are for three nights or less, bottled water can be used during those nights. For stays that are longer than three nights, distilled water should be used as if in the home environment. Small bottles of FAA-compliant distilled water are available for purchase at Sleep Insights Rochester location.

Hotel

For hotel stays, packing a small extension cord may be necessary to reach an available plug. Your hotel may carry these; call ahead to verify.

International

When traveling internationally, a plug adapter will be necessary; however, power converters are not. See your user's manual for further details.

Safety

Always have your CPAP plugged into a surge protector. If your surge protector is tripped, check (and possibly replace) the fuse or surge protector.

Camping

Your CPAP/BiPAP can also be brought camping. There are several ways to get power for your device:

1. Battery packs are available that can last two to three nights before needing recharging.
2. Adapters can be used to hook up your device to 12-volt batteries or to plug them into cigarette lighters. See your user's manual for further details.
3. These power accessories are available online:
 - Cpap.com
 - Cpapxchange.com
 - Search "Resmed Accessories"

Extreme temperature

When transporting your device, precautions should be used to avoid exposure to extreme temperatures. If exposure to such temperatures does occur, the device should be allowed to return to room temperature before being turned on.